

# Lanie Lou's Café

## Salads

All salads served with choice of homemade whole wheat or country white roll

### Chopped Salad

Romaine, tomatoes, carrots, chickpeas, roasted peppers and feta cheese tossed in our apple cider vinaigrette \$7.99

### Mozzarella Salad

Homemade mozzarella, basil, tomato, red onion and roasted red peppers over romaine with balsamic drizzle and olive oil \$8.99

### Southwestern Salad

Romaine, tomatoes, black beans & corn tossed in our cilantro lime dressing & topped with crispy tortilla strips and grilled or fried chicken \$9.99

Add Shrimp to any Salad \$4.00

### Fruit and Nut Salad

Mixed greens, pears, walnuts, dried cranberries and crumbled blue cheese with our raspberry vinaigrette \$8.99

### Chicken Caesar Salad

Grilled chicken breast, romaine, homemade croutons, parmesan cheese and Caesar dressing \$9.99

### Portabella Salad

Grilled portabella mushroom with goat cheese, roasted red peppers, & arugula over romaine & radicchio with balsamic vinaigrette \$8.99

Add Chicken to any Salad \$3.00

HOMEMADE DRESSINGS - balsamic vinaigrette, apple cider vinaigrette, caesar, french, raspberry vinaigrette, cilantro lime, italian, ranch, blue cheese, honey mustard, ginger

## Sides

Sautéed Spinach 4.75

Grilled Vegetables  
eggplant, zucchini & roasted red peppers 4.75

Brown Rice Pilaf  
with carrots and scallions 4.25

Quinoa Pilaf  
with walnuts and dried cranberries 5.25

Macaroni and Cheese 5.25

Sweet Potato Fries 5.25

Basket of Fries 4.75

### For the Lil' Lous

under 12 please  
5.50

'bows n butter  
elbow macaroni with butter

mac and cheese

sliders  
2 mini burgers

grilled cheese  
on white or whole wheat

chicken fingers

above served with choice of carrots or french fries  
add 1.00 for sweet potato fries